



Bulletin 1/2 B

IOF MTB Orienteering World Cup 2014 Round 2

Kristianstad, Skåne, Sweden

July 17-20, 2014

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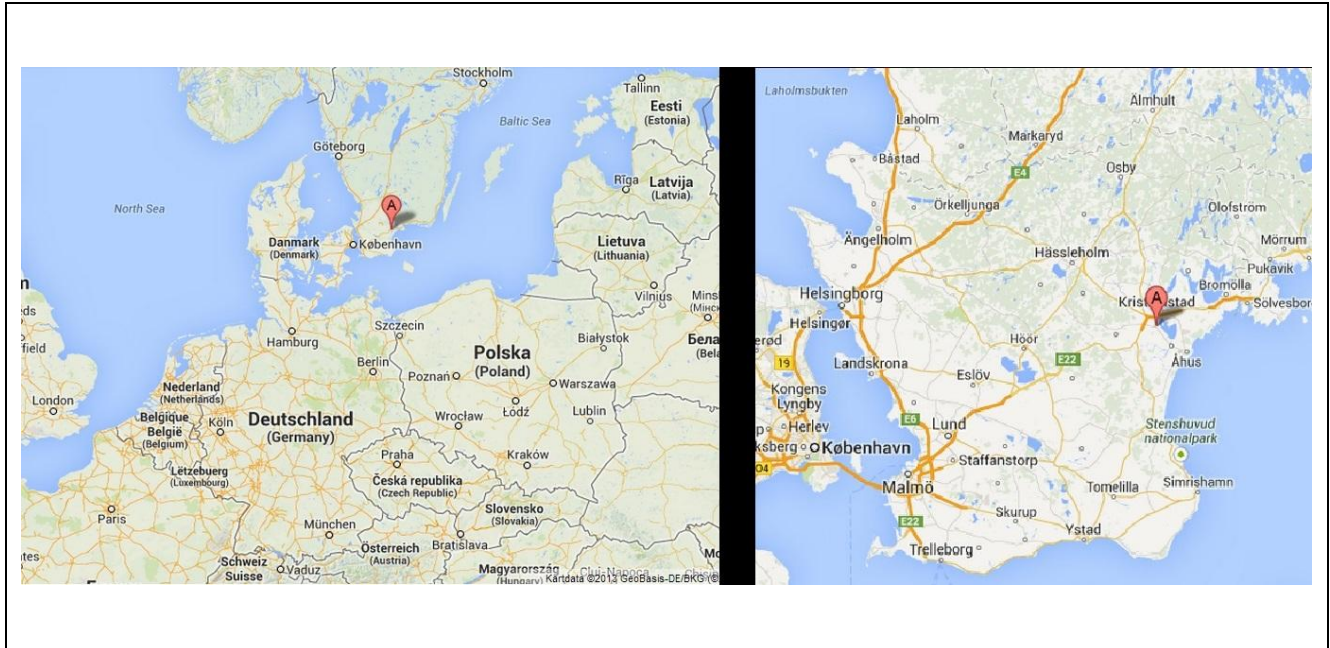
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General Information

We would like to welcome all MTBO teams to the region of Skåne in the south of Sweden. The second round of the MTBO World Cup is organized in conjunction with the biggest orienteering event in the world: O-Ringen. O-Ringen celebrates its 50th anniversary in 2014 and is returning to Skåne where it once started.

1. Event location



How to get to Kristianstad

Kristianstad is easily accessible by plane, train, bus or car.

Airports:

- [Copenhagen International Airport](#) (CPH), Denmark, 130 km from Kristianstad
- Malmö airport (swedavia.se/malmo) is a big airport about 100 km from Kristianstad with flights from Stockholm operated by [SAS](#) and [Norwegian](#).
- Kristianstad Österlen Airport (kidairport.com) in Everöd, 15 km from the Event Center, can be reached from Stockholm Arlanda.

Trains:

There is a direct train (www.sj.se) from Copenhagen to Kristianstad (1h 20 min.).

[Öresundståg](http://www.oresundstag.se/en/Start) (www.oresundstag.se/en/Start) is the traffic system for travelling in Skåne.

Taking your bike on the train is usually no problem, please see <http://www.oresundstag.se/en/Fares-Conditions/Ticket-types/How-to-travel-with-bike>

Travelling by car:

It's easy to travel by car to Kristianstad. Road E22 passes Kristianstad.

Distances by car to Kristianstad:

from Stockholm 548 km, from Gothenburg 264 km, from Malmö 96 km

2. Organizers

Swedish Orienteering Federation / Svenska Orienteringsförbundet (SOFT) and O-Ringen Skåne 2014

Event director: Max Svensson, OK Pan-Kristianstad
Event secretary: Mats Widesjö, General Secretary O-Ringen Skåne 2014
Maps and Course planner: Anton Persson, OK Pan-Kristianstad
IT/timekeeping: Roland Natanaelsson, OK Silva
Media: Peter Andersson, OK Orion

Adviser and controller

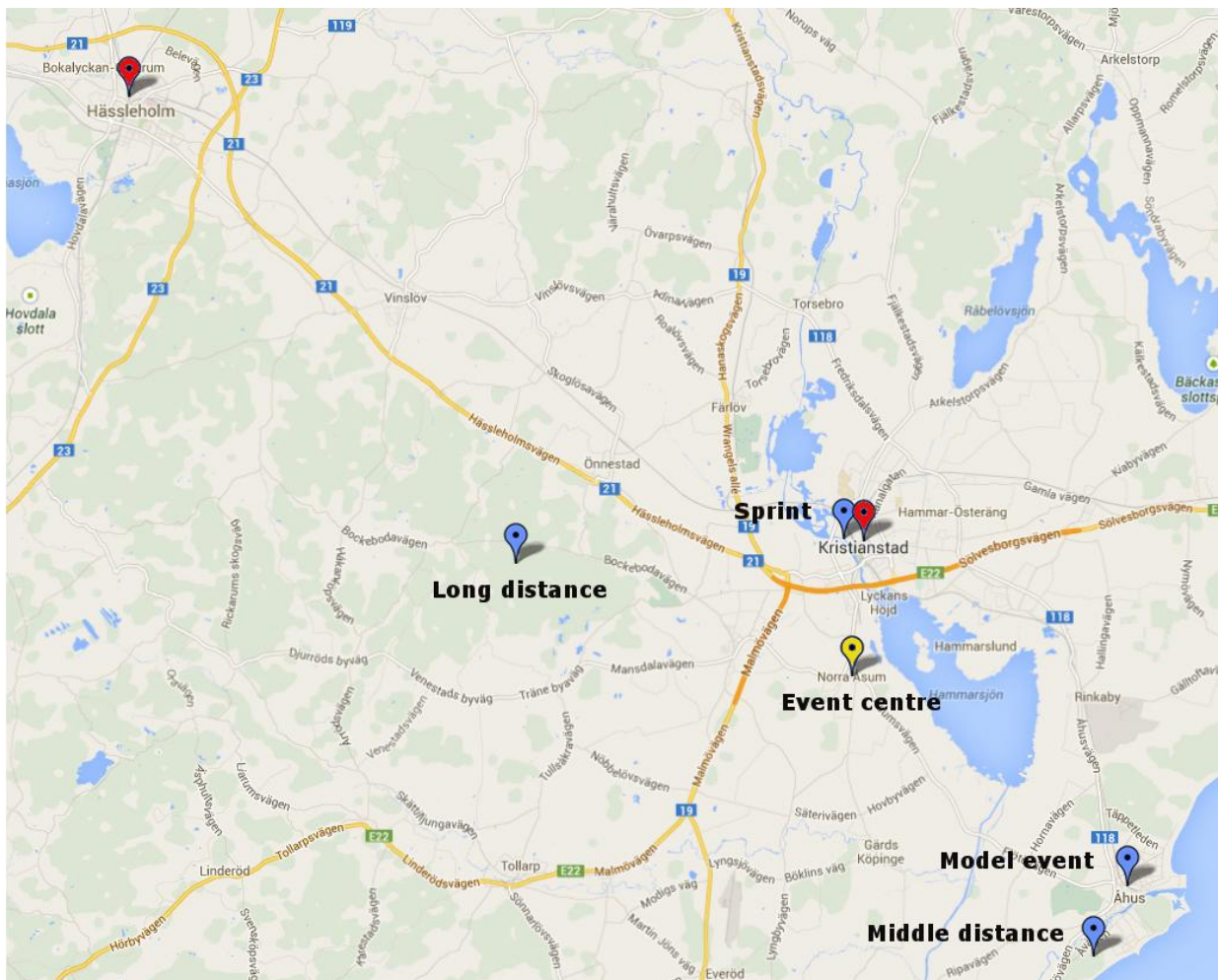
IOF Senior Event Adviser: Ursula Häusermann, Switzerland
National controller: Stefan Kollberg, Eksjö SOK

3. Contacts

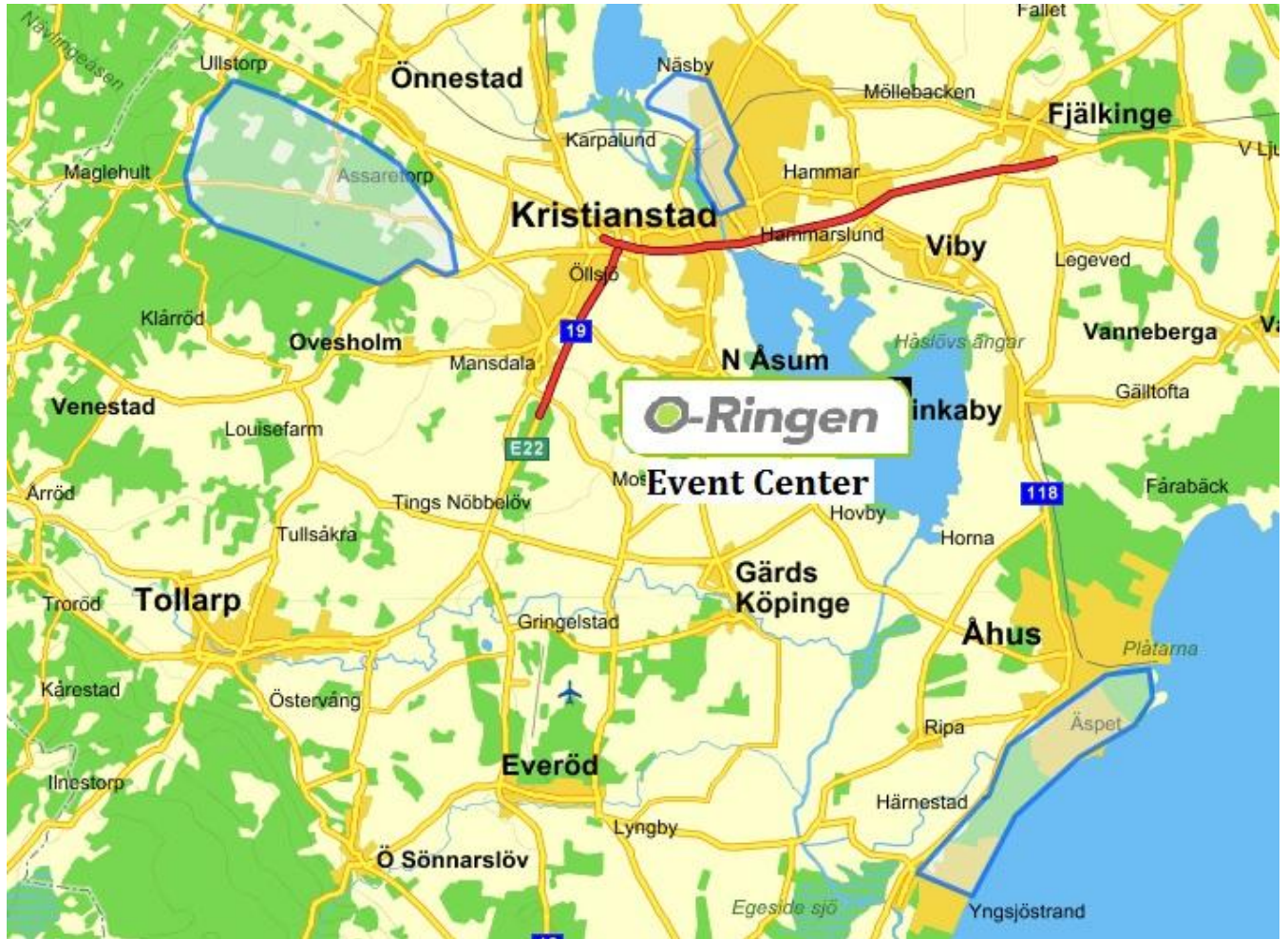
Address O-Ringen Skåne 2014, Betesvägen 1, 294 77 Sölvesborg, Sweden
Email mats.widesjo@oringen.se / mtbo.wcup@gmail.com
Telephone +46 (0)70 841 41 75
Webpage www.oringen.se/worldcup

4. Venue and embargoed areas

Overview



Embargoed areas



The areas marked on the map above are embargoed for all orienteering activities, unless specifically permitted by the organizers and the IOF Senior Event Adviser. The embargoed areas are out of bounds for all potential participants and team members, including competitors, team leaders, coaches, doctors, escorts, and any other person who through their knowledge of the terrain may influence the result of the competitions. This means:

- no organized orienteering activity may take place in the area,
- no training sessions may take place in the area,
- no one with potential connection to a team (athletes or others) may visit the area with a map.

The town and the area of Kristianstad are restricted for MTBO activity. They are open for pedestrians, cars and leisurely cycling without a map, but it is strictly forbidden to cycle with the intention to test route choices.

Event Center

The Event Center is at O-Ringen Town, which is located at Norra Åsum, some kilometers south of Kristianstad. Distances to and from the Event Center are shown in chapter 10 'Transport'.

5. Programme (dates and types of competitions)

Day and date	Competition	Place
Wednesday and Thursday, July 16 and 17	Training	Degeberga
Thursday, July 17	Model Event	Åhus Norra
Friday, July 18	Middle distance	Äspet
Saturday, July 19	Sprint	Kristianstad
Sunday, July 20	Long distance Banquet	Bockeboda Hotell Statt, Hässleholm

Open competitions see chapter 16.

6. Classes and participation restrictions

World Cup

There is one class for women (W21) and one for men (M21). There are no age restrictions. The maximum number of competitors for each individual competition is 6 men and 6 women per federation.

7. Competition Rules

Round 2 of the World Cup 2014 will be organized in accordance with the *Competition Rules for IOF MTB Orienteering Events* as published by the IOF and valid from 1 January 2014, *the Special Rules for the 2014 World Cup in MTB Orienteering* and the *IOF Anti-Doping Rules* valid from February 1, 2010. All competition rules can be found on the IOF web site www.orienteeing.org.

- Competitors must get to all control points with their bikes.
- Riding off the track or trail is not allowed.
- In Sweden one drives on the right side of the road. Therefore competitors must ride on the right side on all roads and tracks.

Time keeping system

SPORTident will be used at all competitions.

Doping

Doping is strictly forbidden, and the organizers of the World Cup 2014 in Sweden are dedicated to supporting the anti-doping authorities in their work.

Doping controls may be carried out any time during the competition period. As some sites for the doping controls may be a few minutes' drive away, we suggest that athletes are prepared at all events to take along some dry clothes to change into after their race.

Doping tests are always carried out in accordance with the procedures described in the WADA International Standard of testing. The IOF Anti-Doping Code and rules apply as of 1st February 2010.

Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. Accreditation cards with photo can also be used for this purpose. The athletes should bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

8. Entry

World Cup competitors may only be entered by their federation.

Entries can only be made via the entry forms which can be found on the organizer's website www.oringen.se/worldcup: form A for preliminary entry, form B for final entry.

Deadlines

Preliminary entry by **1st April 2014** giving:

- country
- number of competitors of each gender
- number of team officials
- team manager's name, address and email address, telephone number

Final entry by **1st July** giving:

- country
- each competitor's family name and first name, year of birth, gender and class
- family name and first name of the team officials
- information on whether the competitor borrows an SI-card or uses his/her own SI-card

Late entries may be refused or an additional fee of 50 % may be charged.

Fees

	World Cup	Open competitions	Team officials
Sprint distance	SEK 400 (≈ € 45)	Fee for open competitions see chapter 16.	-
Middle distance	SEK 400 (≈ € 45)		-
Long distance	SEK 400 (≈ € 45)		-
Accreditation/registration	SEK 300 (≈ € 34)	-	0
Banquet	SEK 300 (≈ € 34)	SEK 300 (≈ € 34)	SEK 300 (≈ € 34)

All entry fees must reach the organizer by 1st July 2014. Competitors or teams may be excluded if their entry fee is not paid.

9. Accommodation

Accommodation around Kristianstad is difficult to find as there is a beach handball tournament taking place at the same time, and at O-Ringen more than 20 000 participants are expected.

Booking of the accommodation offered by the organizer is only possible via the accommodation booking form which can be found on the organizer's website www.oringen.se/worldcup.

Please send your completed booking form to mtbo.wcup@gmail.com.

After booking your accommodation you will be informed if your desired accommodation is available (first come, first served basis). Your booking becomes only valid when a payment of 50 % of the total amount has been received. Full payment for accommodation must be made by 1st July to the account mentioned in chapter 11 'Payments').

Deadline for booking the organizer's accommodation: 1 April or later

Please remember, it's on a first come, first served basis!

Types of accommodation arranged by the organizer

Petvå Hostel in Hässleholm Toilet/shower in corridor		per night from 16 – 21 July		available rooms
		per person	per room	
PH4	room with 4 beds, with access to kitchen	SEK 220 (≈ € 25)	-	4
PH5	room with 5 beds, with access to kitchen	SEK 220 (≈ € 25)	-	6
PH7	room with 7-8 beds, no access to kitchen	-	SEK 650 (≈ € 73)	23

It will be possible to get food at Petvå Hostel. Further info & prices will follow at the end of February.

School accommodation in Kristianstad		price per person for stay from 16 - 26 July
Sleeping bag or similar required		
SS	Slättäng School: beds in big rooms	SEK 750 (≈ € 85)
NS	Norretull School: mattress on floor in sports hall	SEK 750 (≈ € 85)

Camping at Event Center, O-Ringen Town in Norra Åsum Campsites for tents, motor homes or caravans. Only few sites with electricity. Secure bicycle storage is available.		price per campsite for stay from 16 - 21 July	
		booked by 1 April	booked by 1 June
CA1	large campsite (9 x 9 m)	SEK 1470 (≈ € 166)	SEK 1660 (≈ € 190)
CA2	half campsite (4.5 x 9 m)	SEK 735 (≈ € 83)	SEK 830 (≈ € 95)

Please book directly

Hotell Statt**** in Hässleholm (info@statt.se)		price per room & night, incl. breakfast
single room with bathroom, TV etc.		SEK 840 (≈ € 95)
double room with bathroom, TV etc.		SEK 1040 (≈ € 118)

Accommodation Service

You can find your own accommodation with O-Ringen's accommodation service at www.oringenboende.se/?site=2014&locale=en-GB. The accommodation service offers a great variety of accommodation in private houses, bungalows and apartments as well as hostels and hard floor.

10. Transport

There are good public transport connections to Kristianstad (see chapter 1). Transport from Kristianstad train station to the Event Center can be arranged upon request (extra cost). There is a train service from Kristianstad to Hässleholm (about 20 minutes).

Training, Model Event and all competitions are within a short distance (max. 20 km) from the Event Center (see below).

Distances:

Event Center – Kristianstad Train Station: 5 km	Event Center – Training (Degeberga): 20 km
Event Center – Model Event (Åhus Norra): 15 km	Event Center – Middle distance (Äspet): 17 km
Event Center – Sprint (Kristianstad): 5 km	Event Center – Long distance (Bockeboda): 12 km
Event Center – Hässleholm (accommodation and banquet): 33 km	

Transportation for athletes, officials, bikes etc. can be arranged upon request (extra cost). Please contact Mats Widesjö [mats.widesjo@oringen.se] for further information.

11. Payments

Payments must be made in SEK (Swedish Crowns) and by bank transfer (charges to be paid by sender) to

Beneficiary: O-Ringen AB
Address: Svartbäcksgatan 1B, 753 20 Uppsala, SWEDEN
IBAN: SE86 6000 0000 0007 7717 8028
Bank name: Handelsbanken
Bank address: Box 45, SE-751 03 Uppsala, Sweden
SWIFT/BIC code: HANDSESS

Entries to the World Cup, booking for accommodation and transport will only become valid after the arrival of the bank transfer.

Deadline for transfers reaching the organizers is 1st July 2014.

12. Visas

For a list of states whose citizens are required to have a visa to enter Sweden, check the official web site of the Swedish Ministry for Foreign affairs at www.swedenabroad.com.

13. Local weather conditions

In the south of Sweden the temperatures during the day are usually as follows in July:
average temperature = C, maximum temperature = 25 C, minimum temperature = 15 C.
More information about the local weather conditions can be found at www.smhi.se.

14. Maps

A copy of the most recent version of previous orienteering maps is accessible on the organizer's website www.oringen.se/worldcup.

15. Terrain description and courses



Middle distance

Coast terrain with open pine forest and sand dunes. Flat to moderately hilly. A dense track network consisting of small paths with mostly good rideability, although some sandy sections may challenge riders.

Estimated winning time: 55 - 60 minutes

Sprint

Urban area with generally paved tracks. A mix between streets and park terrain. The pace will be high and riders will have to deal with several types of orienteering challenges.

Estimated winning time: 20 - 25 minutes



Long distance

An area used for mountain biking, cross country running and -skiing, making a network of tracks with all sorts of rideability. Mostly flat with some smaller climbs and ascents. Vegetation ranges from open beech forest to dense coniferous woods.

Estimated winning time: 105 - 115 minutes

16. Open competitions

Date	Competition / Place	Classes	Entry fee per competition			
			before 1st July		after 1st July	
Fri, July 18	Middle / Äspet	Short, Middle, Long	up to 20	21 +	up to 20	21 +
Sun, July 20	Long / Bockeboda	No age or gender restrictions	SEK 60 (≈ 7 €)	SEK 90 (≈ 10 €)	SEK 90 (≈ 10 €)	SEK 130 (≈ 15 €)

Entry:

- through Eventor → www.eventor.orientering.se
- or via the *Entry form for open competitions* which can be found on the organizer's website www.oringen.se/worldcup.

Payment of entry fee in cash on the day of the competition.

Deadline for entry: 1st July 2014

Entry on the day of the competition is possible, but maps are only available as long as stock lasts.

17. Opportunities for training

- The Swedish national competition programme is available on www.eventor.orientering.se/Events.
The list of competitions included in the Swedish MTBO Cup 2014 can be found on www.tinyurl.com/q4o8umq
- Unfortunately it is not possible to have trainings in the area around Kristianstad because every suitable terrain is embargoed either for the MTBO World Cup or for O-Ringen or it is forbidden to bike there (nature reserve).

18. Information and media

We welcome all media representatives to the World Cup 2014 in Sweden. For information on how to obtain media accreditation, please contact Peter Andersson [peter.andersson@siemens.com].

19. Deadlines

Entries

Preliminary entries World Cup	April 1
Final entries World Cup (including payment)	July 1
Entries open competitions, reduced fee of SEK 60/90	July 1
normal fee of SEK 90/130	July 18 or July 20

Accommodation

Booking of Petvå Hostel in Hässleholm	April 1 or later
Booking of school accommodation in Kristianstad	April 1 or later
Booking of campsite at O-Ringen Town	April 1 / June 1

Payments for entries World Cup, accommodation, transport:

Bank transfers must reach the organizer by	July 1
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Please note that late entries may be refused or that an additional fee of 50 % may be charged.

20. Links

- Website MTBO World Cup www.oringen.se/worldcup
- Swedish 5 Days *O-Ringen Skåne 2014* www.oringen.se
- Entries www.oringen.se/worldcup
- Accommodation booking form www.oringen.se/worldcup
- Trains www.sj.se
- Traffic system Skåne www.oresundstag.se/en/Start
- Tourist information Kristianstad www.turism.kristianstad.se/en
- Swedish Ministry for Foreign affairs (visas) www.swedenabroad.com
- Swedish competition programme <http://www.eventor.orientering.se/Event>